

WELSH ATHLETICS ROAD/CROSS COUNTRY COMMITTEE	<u>ACTION</u>										
<p>MINUTES OF MEETING HELD ON WEDNESDAY 5 DECEMBER 2018 AT J43 HOLIDAY INN EXPRESS SWANSEA</p>											
<p>PRESENT: - Graham Finlayson, Nikki Haines, Steve Jones, Sharon Leech, Tom Marley, Peter Sowerby, Kevin Tobin</p>											
<p>APOLOGIES: - Alex Donald, Martin Green, Chris Jones</p>											
<p>MATTERS ARISING FROM LAST MEETING (ref. 19th SEPT 2018)</p> <ul style="list-style-type: none"> • A 10K to be found in March/ April – committee again to look at races, some clashes with UK events. Cardiff Bay 10K also in March • HCI age-groups confirmed as IAAF • Committee to decide upon how to draw up a list of athletes to be contacted about season’s events. Emails to be sent for interest/ availability. KT/SL emailed CJ/RLP with regard to this, including an example template. RLP aware and keen, but help needed to compile list, CJ asked to do so, Tom Marley to speak to Chris next week 	<p>ALL</p> <p>CJ/RLP</p>										
<p>CORRESPONDENCE RECEIVED</p> <ul style="list-style-type: none"> • Email received from Catherine Ashford re HCI / Celtics – deadline for team declaration is 14 Dec, therefore there is little time between IR and selection, as RLP also needs time to contact athletes and receive replies. KT/SJ/ NH/SL to meet to decide on team 10th Dec • Email from CJ for teams to be sent to Stirling XC Relays 2019 • Email from SJ to confirm that WSAA will be taking an U20s team to HCI in Antrim in January • Email from MG re Paul Brooks asking for Masters Marathon 2019 venue. SL contacted Martin and James regarding a masters committee to decide, Tom to update. • Telephone and email contact from Rob Cameron with regard to sending a Welsh Team to the following Inter-regional fixtures: <table data-bbox="300 1765 1166 1966" style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Midlands</td> <td>Telford 10km</td> </tr> <tr> <td>North</td> <td>Abbey Dash 10km</td> </tr> <tr> <td>South</td> <td>Race TBC by Mike Winch</td> </tr> <tr> <td>Scotland</td> <td>Race Stirling 10k mid September</td> </tr> <tr> <td>Combined Services</td> <td>Peterborough Half</td> </tr> </table> <p>We need to let Bertie Cameron know by email or mobile phone</p>	Midlands	Telford 10km	North	Abbey Dash 10km	South	Race TBC by Mike Winch	Scotland	Race Stirling 10k mid September	Combined Services	Peterborough Half	<p>CJ/RLP</p> <p>CJ/SL</p>
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<p>Committee concerned that the cost of hosting an event would be great, so GF willing to speak to Kidney Wales to see how much they could afford to offer. Also some of the other Inter area fixtures clash with domestic events so to send teams would be on an event basis, some we could consider, some not. CJ to confirm his thoughts</p>	<p>CJ/SL</p>
<p>2018/19 ROAD & CROSS COUNTRY COMPETITIONS PROGRAMME</p> <p>Domestic fixtures:</p> <ul style="list-style-type: none"> • IR Champs at Llandrindod 8th December 2018 • Welsh Cross Country Championships 23rd February 2019, Pembrey • Welsh 10K Champs 31st March 2019, Cardiff Bay • Welsh Marathon Champs 28th April 2019, London • Welsh 5K Champs 5th May 2019, Whitchurch <p>Representative fixtures:</p> <ul style="list-style-type: none"> • Stirling XC Relays 12th January (4x1K mixed relay) *this needs to be put on the website with expressions of interest to RLP • HCI and Celtic International at Belfast Cross Challenge Dundonald 19th January 2019 (U17, U20, U23 and senior) Selection criteria: HCI and Celtic: first two at IR Champs and another two based on current form • Barcelona Half Marathon 10th February 2019 (seniors, 4 male and 4 female, standard to be set M: 67 half 30.30 10K, W: 76 half, 35 10K) *this needs to be put on the website with expressions of interest to RLP • Armagh Road 3K and 5K 14th February 2019 (development and senior) Standard (3K/5K) no Parkrun to be considered M:8.30/14.40 W:9.45/17 *this needs to be put on the website with expressions of interest to RLP (possible TM: Carwyn Jones and NH and possibly SL) • SIAB 23rd March 2019 Dublin • Anglo Celtic Plate 100K, 24th March 2019, North Inch Park Perth Arwel Lewis to be in charge of selections • Mini-Marathon London 28th April 2019 	<p>RLP/SL</p> <p>RLP/SL</p>
<p>SCHOOLS</p> <ul style="list-style-type: none"> • U20 team to be taken to the HCI in January. SJ involved with selection 	
<p>TEAM SELECTION AND MANAGEMENT</p> <ul style="list-style-type: none"> • HCI/ Celtic teams to be confirmed on Monday 10th December. KT/SJ/NH/SL to meet and teams sent to RLP to be contacted 	<p>KT/SJ/NH/ SL/RLP</p>

<ul style="list-style-type: none"> • Zane Maynard and Delyth Brown to TM for schools, GF and NH as WA TM. A North Wales TM may be needed, depending on the make up of the team <p>Tom Marley</p> <ul style="list-style-type: none"> • Proposals submitted by WA for an IR road running championship, main target being good Club athletes rather than top elite Welsh athletes. There would be a 10K and Half Marthon, Individual and team event, one team of male and female seniors and masters in each age group, in 10 year bands (35+, 45+ etc) for each region. Regional Councils to find a Regional team manager to make selections. Committee agree in principal, although queried who would fund the regional places, as this would be a large bill for race organisers if free places expected. • Masters: national championships are offered by WA already, but no foreign representative event. England Athletics offer various events that masters can run. WA looking into offering a non-Wales event, however the event will be self-funded , including travel and kit. Events proposed are the Maidenhead Half, Birmingham 10K and Yorkshire Half, although the Maidenhead and Yorkshire events clash with domestic events. Also proposed is a Masters sub-committee, however this will need approval before it can be confirmed. JW to take proposal to GC. Once committee formed, they would choose the teams and would be responsible for choosing events • A 10K series to be re-introduced, five 10K events, one in each region, expressions sought to host the fixtures. Ideally National Championships to be kept out of event. Purpose of idea is to increase numbers in races in each region. Some confusion about two race series being offered – one with Run4Wales as well as WA 	
<p>AOB</p> <ul style="list-style-type: none"> • KT suggested various time bandings for road race selections , to be emailed to the committee • British and Irish Masters XC were a big success, thanks given to GF and the organizing committee • Flights to Burgos were too tight, more time needed after race before flying back, however athletes raced well • Some concerns regarding the bib numbers at Liverpool and team management. Training of TM would be useful, as would a brief job spec, so that duties are clear • Various regions have received concerns from athletes, parents and coaches regarding the mini-marathon selection process • Committee concerned again at the clashes with Run4Wales events and WA Championship events (such as the 5K and the 	<p>KT</p> <p>WA</p>

<p>Newport 10K and Marathon) . Better communication between both parties needs to be in place in future, to avoid such clashes</p> <ul style="list-style-type: none">• KT/NH to circulate team names for Armagh and Barcelona to committee in January for each to comment and final selections to be made, based on expressions of interest received <p>DATE & TIME OF NEXT MEETING</p> <ul style="list-style-type: none">• Wed 20th Feb, 7pm, Holiday Inn Express Swansea East SA10 6GZ	<p>WA KT/NH</p>
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